



Lasell Junior College Newton, Massachusettes







The 1976-77 year at Lasell has involved rewards as well as challenges. Life on campus provides excellent academic opportunity. Socially, Lasell has sometimes been unsatisfying and limited in social opportunity on campus. Since Lasell is an all girls school, students feel a definite need to expand their college life off campus. Students often seek social activities at other colleges and/or in Boston.



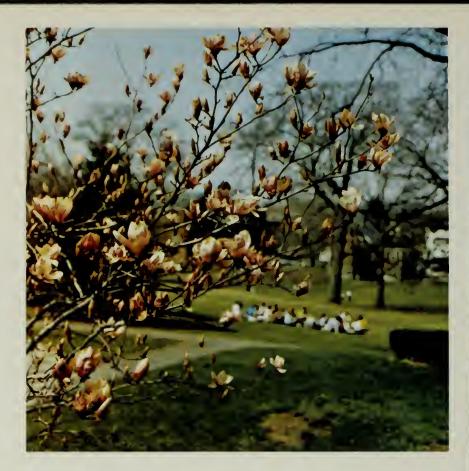


Boston provides an exciting escape for Lasell students and a refreshing change from academic routine.

Perhaps the desire to leave Lasell campus in search elsewhere for social opportunities is a disadvantage to Lasell. Yet Lasells' location is exceptionally beneficial to student life.























On campus, students took advantage of the activities that brought them closer to the college and to their friends. This opportunity for close friendships at Lasell is one great advantage. An all girls school diminishes competition between students and provides an opportunity to gain friendships that will last.

Relationships gained at Lasell exist

as well between students and teachers. Respect and friendship between Lasell administration, faculty and students was prevelent. This enhanced academic interest and influenced learning beneficially. These and many other aspects of Lasell were responsible for a fullfilling, successful and enjoyable two years of college.



























SENIORS





Mary Beth French









Muriel Monroy

Pam Dorey

Linda DiGiovine









Suzanne Boyden

Claire Crane





Liz Pynchon Ann Nolan







Beth Redden

Linda Flanagan









Robin Hasekian

Brooke Hankey





Regina Scott







Vivian Acton

Barbara Schrade







Denise Dunn







Joan Manchester

Beth Kirkendall











Linda Manning

Marsha MacDonald









Ellen Hogan

Wendi Cohen





Nan Blish





Donna Mezzone

Terri Juszacyk



Laurel Leigh Alden





Debbie Derderian

lleane Bernstein

Cheryl Epstein





Nancy Hertogs

Mary McMahon





Debby Sweeney

Greta Curtis





Donna Glidden

Sarah Gow





Sabrina Abbott

Linda Salvatore





Stephanie Seyba





Madeline Dugan

Kathy Buchanan









Betsy Patrick

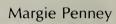
Peggy Supple

Sandy Hathorne





Sue Woodhouse







Sue Hurley

Sue Beardsworth



Karen Aye

Tracy Nickerson





Liz Hickcox

Sue Ellen Beberman





Karen Sandstrom





Cindy Pine

Terri Canavan

Pam Smith









Sue Fraser

Debbie Snyder





Diana Curtis





Joan Markoff

Anne Healey





Carol Goldberg

Madelyn Tehke





Gretchen Starin

Lorrie Marti





Lynne Pantaleo





Nancy Silva

Connie Ward









Tina Pizzo

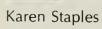
Risa Jacobs

Becky Baker











Sue Deacon

Pat Forbes



Jeanne O'Neil



Lori Horlink



Leslie Ridgway

Brenda Rotman





Nancy McFarland

Ellen Vissman





Barbara Meaney

Mary Mowry









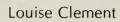
Janet Juliand

Sue Patten

Debbie Colletti











Janet Kelley

Beth Camp









Anne Mathiesen

Debbie Ross

Randi Berk





Valerie Bazarian







Jody Pardus

Jody Litvin









Jan Boxstein

Sandy Goldberg

Ellen Sheinfeld





Jean Philbin





Robin Gregory

Barbara McGean









Suzanne Aufmuth

Pat McCoomb

Donna Rochat

Kim Smith









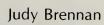


Debbie Page

Susan DiGiovanni



Carol Richards







Laurie Rossmeisl

Abby Bradley









Mary Santana

Nancy Louise Hellmuth









Lydia Gilfillan

Paula Colantuone

Nancy Hirschfeld





Paula Camposano

Karen Yewell





Sharon Gustavsen

Judy Possidente





Linda Gallinaro

Mary Kenny





Lynn Alyanakian

Debby Romard









Mary Crotty

Patricia Scott

Claudia Brass





Lucinda Johnson

Natalie Kafka





Thecla Cecca





Sharon Lima

Carol Hokanson





Stacey Myerson

Trisha Fletcher





Leigh Curtis

Cindy Godfrey





Donna Waszkelewicz

Sandy Erglis









Susan Schofield

Marie Durso

Elaine Goldman





Cindy Bardizian

Kathleen Carlson





Kim Hill

Thea Kesseler





Chris Son

Cindy Pinkham





Rosemary Kennedy







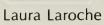
Meg Benoit

Carol Dokken











Donna Zappe

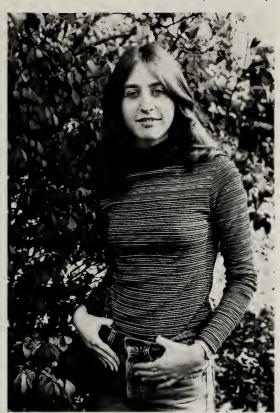
Chris Casella





Donna Scafidi

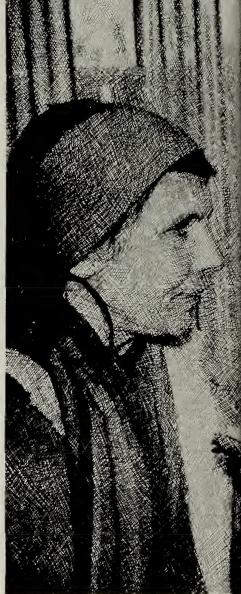
Carolyn McKay





Alice Willard





FACULTY



Department of



Left to right — Henry Tufts III, Ronni Michaelson, Stephen A. Zubrod, Janice A. Singer, Lorrie Sullivan (chmn.)



Right — Dr. Richard H. Stellar

Social Relations



Left to right — Marsha Halperin, Dr. Richard H. Stellar, Martin Epstein.



Stephen A. Zubrod



Susan Alt

Department of

Mathematics and Science



Left to right — Kathy Younger, Dr. Vincent LoPresti, Jane Kretchman, Ervin Hoffart.



Sylvia Goodman





Department of

Secretarial Studies



Left to right — Sophia Josephs, Sadie Webman, Margaret Ford, Harriet W. Atwood, Sebastian Mignosia, Caroline Chapman.

Department of Languages.



Left — Yolanda Goldman, Lydia Kavanagh (Chmn.)

Department of Child Study



Left to right — Anne Rumsey, Anne Rollins, Muriel Sheppard, chmn., Elaine Cavanaugh, Margaret Solomon, Janet Wilson, Barbara Levy.

Department of English



Standing left to right — David Grace, Anne Tagge, Kenneth C. Matheson. Sitting left to right — Linda Goldberg, George W. Lane.

Department of Physical Ed.



Cynthia Beaudoin, Jean Watt, Jeanne Cousins.



Jean Watt



Jeanne Cousins

Department of Retailing



LEFT TO RIGHT — J. Kenneth Bennett, Mary A. Good, Sumner H. Friedman, Peter C. Quinn



Department of Art



LEFT TO RIGHT — David Barbero, Leonie Bennett chmn., Jacquelin Saunders, Betty Iarrobino, Paul Petricone



Department of Music

Frank Taylor

Department of History



Barbara Long, Joseph Aieta chmn.

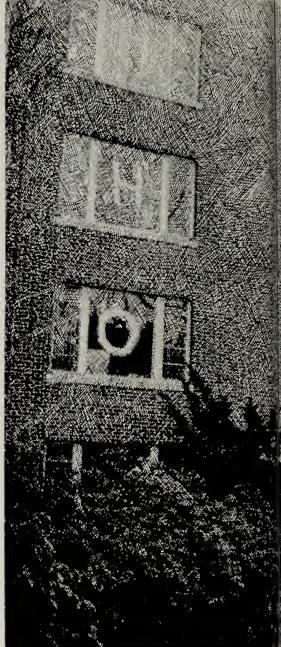
Department of Nursing



LEFT TO RIGHT — Winnie Veretto, Linda Dangle, Diane Sullivan, Marilyn Kelly, Constance Milner, Clair Kent, Nancy Starefos, Anna Pollack, Susan Fecitt, Norma MacLeod, Nancy Sharkey







ADMINISTRATION





Left to right — Mrs. Winnifred Hill, Mrs. Dorothy Clark, Jeanne Johnson, Dean Bruster, Dr. Griffin, Ethel Guevin, John C. Reed, Marjorie Mac Clynon, Barbara Kane.



Dean Donald C. Bruster



Mrs. Ethel L. Guevin, Dr. Arthur M. Griffin



Sue Abbott
Lucinda Johnson
Dr. Arthur Griffin



John C. Reed













Above left — Dean Harry G. Adamian. Above center — Mary Dunn. Above — Dean Helen Wallstrom. Left — Dean James Pollock, Athena Verros.

Admissions and



Perspective Students Day











New Dorm







McClelland









Chandler House

Gardner













Woodland Hall







House Parents



What is it like being a Day Student?

"I've found that I missed a lot of things that went on here, but as a senior, I began to get more involved and enjoyed school a lot more."

"It's much easier to sit at home, than to make the extra trip back to campus for a special function — but make that trip and take advantage of what's yours."

"It's the best of both worlds."

"Sometimes I felt like I was missing out on things."

"I've enjoyed being part of two communities — my neighborhood and Lasell's academic community."

"If I had it to do over again, I'd be a resident student, perhaps my roots would have grown deeper."









Student Center Staffs







The Student Center Governing Board consists of six student members and the Director of Student Activities. This past academic year the Board has sponsored a crafts fair, art exhibits, art openings, study breaks during exams and a party after the torchlight ceremony.

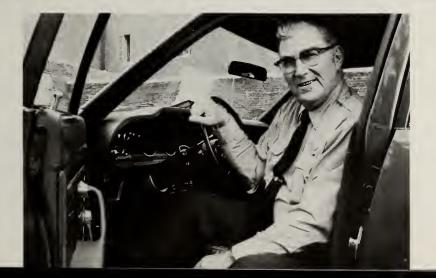


Maintenance









Valentine Hall Behind the Scenes



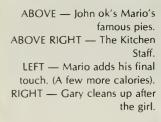




LEFT — Clara prepares for the salad bar. CENTER — Betty stacks dishes. RIGHT — Our faithful deli bar lady.











The Library







TOP — The librarians, from the left, Mrs. Ritter, Mrs. Sullivan and Mrs. Isaacs.
CENTER — And Donna replies, you want me to type?
BOTTOM LEFT — Cheryl Epstien orders from Mrs. Sullivan.



CLUBS

ACADEMICS



Student Government

The student government exists to provide and arrange activities from academics to student life. Although attempts to achieve these goals were made, the problem lies with the lack of interest and communication from the student body. Due to the apathetic attitude of the students many activities were forced to be cancelled. What do Lasell students want? Lack of representation has hindered many of the efforts of student government members.

Certain proposals were brought to the attention of the faculty and students which were passed. For example, the raising of the dean's list requirements from 3.0 to 3.3 and 3.7 for High Honors, to meet the standards of other colleges. No interest or communication from students resulted in few accomplishments towards student wishes. This was not the fault of student government but due to poor representation.

Yet social events during second semester seemed to reflect the desires of the students, which improved participation in some activities.

Beyond an overall disinterested student body, a few students involved themselves in producing a more active student government; opening channels of communication among trustees, faculty and students, resulting in changes beneficial to life at Lasell.





RIGHT — Let's get the show on the road!
TOP RIGHT — Senior class gives suggestions for Senior class gift.
ABOVE — A globe for the library?!!





BOTTOM RIGHT — Becky Baker, Pres. of Student Government. BOTTOM LEFT — One of Student Government's weekly meetings. CENTER — Trying to make a decision! LEFT — Debbie McGill, Becky Baker and Leslie Krempin, Sec., Pres., Vice Pres. (left to right).









The International Club









The International Club is composed of members from the language classes. In the beginning of the year there was an all day Activities Fair, where all of the clubs on campus are represented. This gives other girls who are not in a language class an opportunity to sign up.

The purpose of the club is to introduce the International students to other students on a smaller scale. It is also for the American girls to realize that other cultures are not "Mom, apple pie, and baseball."

In September, the International Club had a tea for all of the International students at President Griffin's house, and all the members of the club were invited. In October the club had a lecture on Guatamala and a Christmas party in December, in the Spanish tradition. In February, a Japanese dinner was held, which was cooked by two Japanese students, who attend Lasell. In March the International Club collaborated with the Women's Affair's Committee and conducted a seminar on Women In Different Cultures. During this, the international students talked about the role of women in their countries.

The big event every year is the International Fair, run jointly with the Retailing Club. The proceeds from the Fair went to a scholarship fund.

THE LIMP







A yearbook is compiled of memories of the past year. Memories that are disappointing as well as enjoyable. It is a book that reflects the happenings of the school year. When read and looked at, one reevaluates the year and in a sense, re-lives it. With pictures, a yearbook is a reminder of what went on and the friendships that were made. The copy specified the realistic points of the school and the yearly activities. All in all, a yearbook is of great value because the year at Lasell that this book reflects upon, inevitably cannot be repeated. The Lamp staff has worked hard to produce a yearbook that is satisfying to everyone and representative of the various experiences that occured during the 76-77 year at Lasell. We hope this book accomplishes that goal.

THE LASELL LEAF

Lasell Junior College

Auburndale, Massachusetts

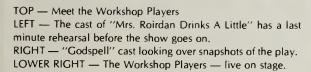
April 19, 1977



Workshop Players











The Lasell Nurses' Association



The Lasell Nurses' Association is a very active organization on campus. Officers are elected to establish a base of leadership within the group. The association supports and corresponds with a foster child throughout the year. Each year the Nurses' Association organizes and runs a Holiday Bazaar, raising funds for scholarships for the freshman summer program and funds for the senior class banquet. Lots of hard work by members of the faculty and the freshman and senior classes, attributed to the great success of this years bazaar. Traditionally each senior nursing student has a freshman little sister. In the early fall big sisters presented their little sisters with their caps, and shared in their excitement. Best wishes to the newly graduated nurses!







The Retailing Club

The retailing club had some really successful activities. We opened with the annual banquet which had a good turn out. Then there was the Slave Acution. It didn't have an overwhelming turn out but those that were there had fun and really gave it their all. Our regards to those Babson boys who did show up.

Second semester we did a hair show that only had a minimal turn out. Next we planned and prepared the Mother-Daughter fashion show. For that we had an overwhelming turn out. Winslow Hall hadn't been packed in years. The four officers, Jean O'Neil, Nancy Silva, Sue Deacon, and Karen Mitchell worked closely together on the show, and of course all the other activities. The models for the show were the Retailing students. The help from the students who worked back stage did not go unappreciated.

Towards the end of the year we worked along with the International Club in helping them out with the International Fair, Then we had elections for the next officers which were announced at our Wine and Cheese Get Together.

The Retailing Club would like to extend their special thanks to Mr. Quinn and Kathi Finnegan who were always there when they were needed.

The Retailing Club









TOP - Robin Hasekian models a new spring fashion. CENTER — Sue Ellen Beberman models a careers woman's business suit. Next is a spring bridal outfit. And then there is Sue Digiovanni ready for her night on the town. RIGHT — Some members of the Retailing Club.



Field Work — Retailers







Each year Freshman and Senior Retailers work for the month of December in the Greater Boston Area stores. Filenes, Lord and Taylor, Grover Cronin, Jordan Marsh, Bonwit Teller, and Saks Fifth Avenue are only a few of the exciting places to work. The purpose of our field work is to experience salesmanship activities and to learn more about a store's operation including the overall picture of what retailing is all about.

Field work reports are required of each girl at the

end of the month, which brings her in closer contact with personnel and executives of the store, who are more than willing to help. Transportation is easily accessible with the M.B.T.A. stations within a half mile of the school and commuter buses which travel to Waltham, Wellesley, and Boston. The field work assignments are a valuable and enjoyable experience for all the retailers and is an excellent opportunity to introduce yourself to the field of retailing.

MLT Club



Many might ask — "what is a MLT?" A MLT is a Medical Laboratory Technician, the girls who wear the white uniforms and lab coats. Our club had four speakers on various topics within our field which were well presented. We attended a medical convention in April in Hyannis, Mass. We had a banquet at the end of the year, which was attended by the freshman, seniors, science department teachers, and their guests. It was a nice banquet, yet sad to say good-bye as we had become a close group throughout the

year.

The Director of the Program, Jane Kretchman, completed a very successful first year, being both an excellent teacher and friend to us all. At our monthly meeting we discussed our field placements in selected labs in the area. We rotated between chemistry, microbiology, and hematology-urinalysis, thus giving us practical experience. We all put in a lot of hard work, but feel it was well worth it!

Medical Assistant Club



The Medical Assistant is trained to work in a doctor's office with both secretarial and clinical abilities. This experience is applied during her senior year through a Field Externship.

A Medical Assistant Club has been established to give both social and academic activities. Speakers, films and field trips are planned to help the Medical Assistant acquaint herself with her future profession.

Child Study Center



RIGHT — Lori Horlink observes the activity in the doll corner. BELOW — The children are busily creating their stained glass window projects.



The Child Study Seniors are required to spend three hours a week at the Rockwell Child Study Center on campus for their student teaching. The Students plan all sorts of activities; such as field trips, films, art, and music to do with the children.

A bake sale was planned by the child study students and the profits went to the Rockwell Child Study Center Scholarship. Two Easter bunny cakes were raffled off and the bake sale went very well.







ABOVE — The children enjoy Santa's visit to Rockwell.

TOP LEFT — The children are captured by Sue Fraser's storytelling.

TOP RIGHT — Carol Hokanson admires Stephen's artwork.







Perspectives on Womanhood

The purpose of woman's week here at Lasell was to broaden the women's knowledge of herself. A lot of planning went into the programs which included these programs: "Sidewalk Sam". This explored women as they are depicted through art. Health Workshops which covered topics such as Birth Control, Gynecology, and nutrition. A seminar called "Women in Different Cultures".

There were a number of films shown on other topics involving women, and career workshops conducted by W.O.W. (wider opportunities for Women) and the event which had an enormous turnout was the appearance of Germain Greer who spoke on her book entitled The Female Eunich. This was held in Winslow Hall and it not only attracted the majority of the Lasell campus but people from the town area. She completely captivated the capacity crowd and was the topic of discussion around campus for a couple of days after her appearance. She was so into her subject that she really had a lot of us thinking.

Lasell's Basketball Team







Lasell's Tennis Team

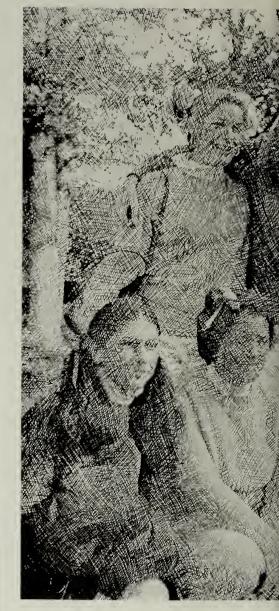


Modern Dance













ACTIVITIES

Field Day





TOP — Everyone gathers for the cookout, music and games at field day. ABOVE — The annual Freshman vs. Senior Tug of War. RIGHT — Calories? Oh, who cares.









TOP LEFT — Quick, don't just stand there, help ABOVE — Bluegrass music sets the atmosphere for field day.

LEFT — Easy does it!
BELOW — Rather be watching than tossing. BOTTOM LEFT — Do look back now — we're ahead!





Freshman Parents Weekend

For most of the freshman class, Freshman-Parents Weekend brought much excitement. We were looking forward to seeing Mom and Dad for the first time since our arrival at Lasell. It was a very busy weekend; dinner out Friday night and shopping trips or sightseeing in Boston during the day Saturday. Saturday night was all fifties, including dress for a banquet and Sock Hop in Winslow Hall. We never knew just how good Mom and Dad were on the floor! Sunday it was time to say good-bye and Thanks for such a super weekend.







RIGHT — Coffee and some chatter at Eddie's.

ABOVE — Mom's and Dad's meet at the 50's banquet.

RIGHT CENTER — "The Champs"

TOP RIGHT — The proud Moms of the River Day Competitors.



and River Day



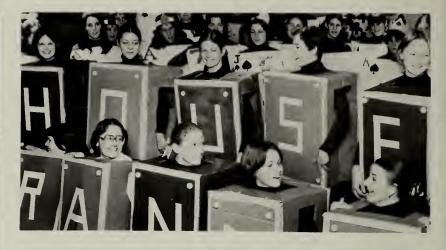
LEFT— Looks like it's gonna be close!
BELOW — Go Lasell!
CENTER — Could have used our raincoats for this one!
BOTTOM — Harder, Harder, you can still make it!







Lasell Goes Trick or Treating













TOP LEFT — One of Lasell's finest — John?
ABOVE — Why didn't you go before we left?
TOP RIGHT — What house?
RIGHT CENTER — What are you laughing at? You
look worse than I do.
RIGHT — Why can't I see my feet?
FAR RIGHT — Did you know what Karen was? First
prize winner.







TOP LEFT — God still loves me.

LEFT — McClelland's cards.

BOTTOM LEFT — Anybody have a pin?

BOTTOM RIGHT — Who popped my balloons?

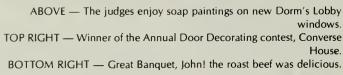
TOP RIGHT — I think its time for bed.





Christmas at Lasell











Christmas Traditions

Christmas at Lasell includes some special traditions, elfies, door decorating and the Christmas banquet. Wasn't it fun waking in the morning or returning from dinner, to find a present in your stocking. What a surprise to find out who your elfie was. The most original door always took prize in the dorm door judging. Mario's pastries always highlighted Christmas dinner. Even during exam week, the Christmas spirit fully existed at Lasell.



TOP LEFT — "Thanks Elfie!," says Kathy Finnegan.
BOTTOM LEFT — Girls enjoy elfie gifts in Gardner House.

Thanksgiving Banquet

Thanksgiving at Lasell is celebrated traditionally with a dinner that includes all the trimmings. Each dorm is asked to create a basket that contains food, which is to be given to needy families. Each basket is judged for its originality. Carpenter took first prize and received their plaque.





TOP RIGHT — From one nut to another, Happy Thanksgiving. RIGHT — Briggs house wins 3rd prize for their Thanksgiving basket.







TOP — Alright!!
CENTER — Carpenter
wins 1st prize.
LEFT — The Carpenterites
and their basket.

Senior Father -







Daughter Weekend





Father-daughter weekend has been a tradition at Lasell for years. The weekend is mainly for the seniors and their fathers; a chance for them to enjoy each other's company for an entire weekend. (Surely a rare occurance). Special events were planned, also allowing time for fathers and daughters to visit Boston together. The main event was the dinner-dance. This year the dinner was a delicious Italian buffet followed by dancing to the sounds of the Big Band. For all that were there it was a sight to see. Everyone was having a great time dancing the old dances with their dads. The weekend ending with the girls amazed at how fast the time went and the fathers wondering why we complain about food.

Mother-Daughter Weekend







The weekend of March 4,5 and 6th was a very busy one for Lasell's Mothers and Daughters. On Friday Night a large crowd gathered in Winslow Hall to watch the Lasell Drama Club performance of "Godspell." The girls did a fantastic job, and left the crowd very impressed. Saturday was a shopping day for most — we all showed Mom the city stores. The mothers met other mothers, which proved enjoyable. After a busy day everyone hurried back to get ready for the banquet, that was held in Vanentine Hall. After a delicious, relaxing meal, it was back to Winslow Hall for the fashion show, put on by the Retailing Club. Here we saw all the latest spring fashions as well as the spring bridal line. The show was well done and enjoyed by both mothers and daughters. The weekend passed quickly and it was soon Sunday night and time to say good-bye and thanks to Mom for a super weekend!

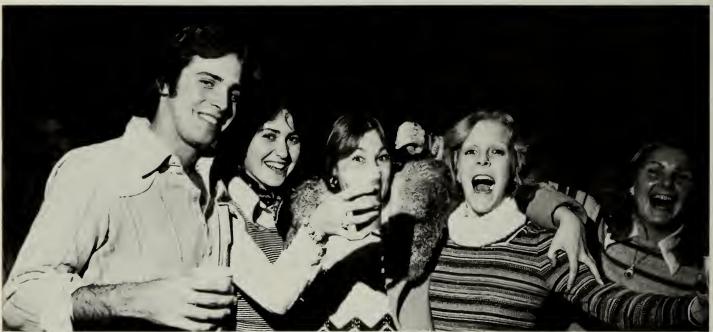














"Oldies" Night





















Rugby Game and Beerfest













Above — Many Students attended the hair show and made it a great success. Right — This is what I want to look like when your through!





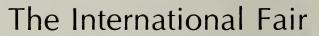
Multi-Media Hair Show





These students received a free new "do" compliments of Multi-Media hairdressers.





The International Fair, sponsored by the foreign language department and retailers, proved successful. It involved a raffle to raise money as well as goods from jewelry to foods from various countries. The fair continued all afternoon and in the evening, with a variety of entertainment, including Kung Fu techniques and foreign dancing. Throughout the day, there was much to see and learn about the cultures of different countries.













Spring Formal









Senior Banquet

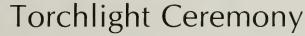
The night of the senior banquet was much looked forward to by the seniors. It began with a delicious dinner served to the seniors, administration and faculty members. Traditional happenings took place; such as, the presentation of awards, the announcement of the yearbook dedication and a speech by Dean Pollock. The food was excellent and the banquet was very enjoyable.















The night continued with the traditional torchlight ceremony. Seniors chose freshman to carry their torches. Accompanied by a band, everyone marched from Commenwealth Avenue to the Crow's Nest where next years student government officers were announced. The night ended with a party in Eddies, consisting of much laughter yet tears as well, in anticipation of leaving Lasell.













Yearbook Dedication

James M. Pollock, Lasell's Academic Dean, will be leaving us at the end of the 1976-1977 academic year. We wish him and his family the best of luck and happiness in his new position as Poultney, Vermont. We will miss him greatly as he has done so much for so many here in the Lasell community. We consider the people at Green Mountain College fortunate to have him entering their community. Whether it was personal, academic or just general advice, Dean Pollock's door was always open.

Thank you for everything, Dean Pollock, we love you and dedicate this book to you!













In Memorium Of Mr. Frank Ring



We at Lasell were all deeply saddened by the death of Mr. Frank Ring, Head of the Retailing Department for a number of years. He is greatly missed as he was an excellent teacher, advisor, and friend to many at Lasell. We all sincerely appreciate his many contributions to the school which will always be remembered.











Pinnings . . .

Medical Assistants

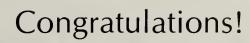






and Nurses











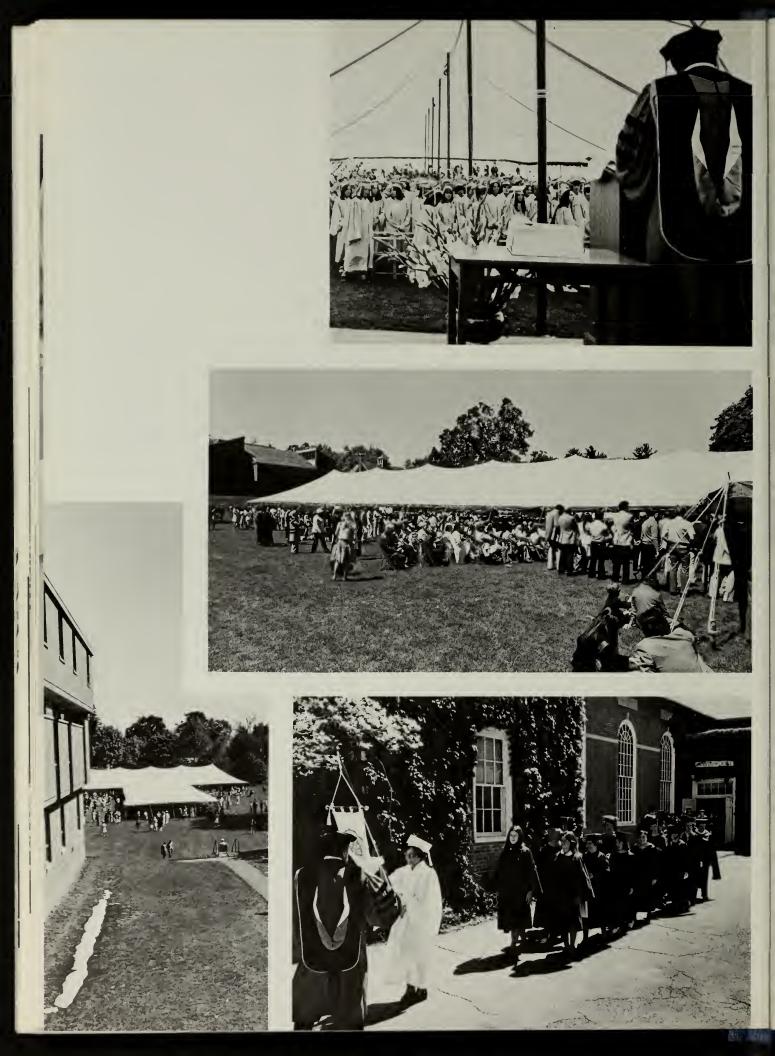




























We are women — people free to do what we want live the way we choose look the way we like say the way we feel you must all accept this. Susan Polis Schutz





Friends, no matter how far separated, will grow in love and sympathy and nearness to eachother.

Bertha Conde



Your friend is your needs answered. He is your field which you sow with love and reap with thanksgiving. And he is your board and your fireside. For you come to him with your hunger, and you seek him for peace.





When you part from your friend, you grieve not;

For that which you love most in him may be clearer in his absence, as the mountain to the climber is clearer from the plain.

And in the sweetness of friendship let there be laughter, and sharing of pleasures.

For in the dew of little things the heart finds its morning and is refreshed.

Kahlil Gibran



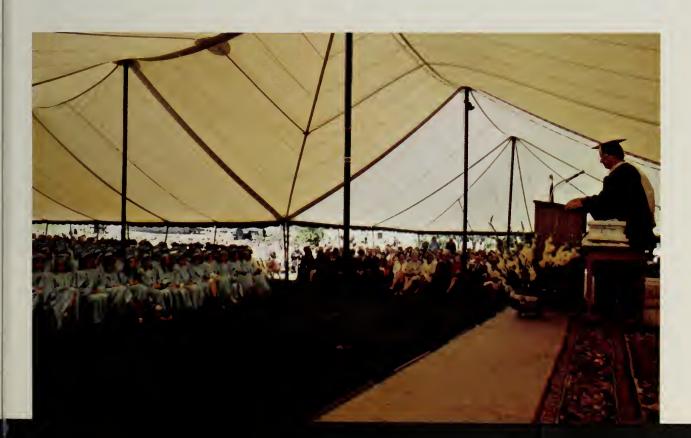
















THE DAY OF

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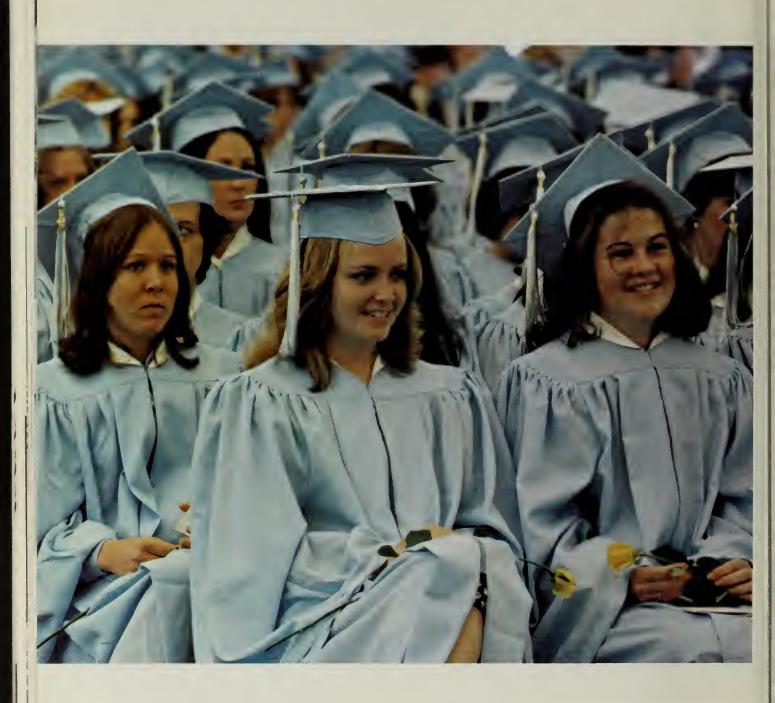
THE DAY OF

GATHERING









To improve the golden moment of opportunity and catch the good that is within our reach is the great art of life.

Samuel Johnson









Desiderate

Go placidly amid the noise and haste, and remember what peace there may be in silence. As far as possible without surrender be on good terms with all persons. Speak your truth quietly and clearly; and listen to others, even the dull and ignorant; they too have their story. Avoid loud and aggressive persons; they are vexations to the spirit. If you compare yourself with others, you may become vain and bitter; for always there will be greater and lesser persons than yourself. Enjoy your achievements as well as your plans. Keep interested in your own career, however humble; it is a real possession in the changing fortunes of time. Exercise caution in your business affairs; for the world is full of trickery. But let this not blind you to what virtue there is; many persons strive for high ideals; and everywhere life is full of heroism. Be yourself. Especially, do not feign affection. Neither be cynical about love, for in the face of all aridity and disenchantment it is perennial as the grass. Take kindly the counsel of the years, gracefully surrendering the things of youth. Nurture strength of spirit to shield you in sudden misfortune. But do not distress yourself with imaginings. Many fears are born of fatigue and lonliness. Beyond a wholesome discriptive, be gentle with yourself. You are a child of the universe, no less than the trees and the stars; you have a right to be here. And whether or not it is clear to you, no doubt the universe is unfolding as it should. Therefore be at peace with God, whatever you conceive Him to be, and whatever your labors and aspiration, in the noisy confusion of life keep peace with your soul. With all its shame, drudgery, and broken dreams, it is still a beautiful world. Be careful, strive to be happy.



Life's journey
is filled with excitement;
but also with encounter.
It is packed with thrills;
but trouble also appears.
It is mingled with joy;
but sadness also weaves its patterns.
Life is dotted with open doors;
but there are also closed doors which man must face. All in all, it is an adventure; an adventure to be pursued with courage and commitment.

C. Neil Strait













EDITORS: Trish Fletcher, Mary Ellen Feeney

LAYOUT EDITOR: Trish Fletcher

LITERARY EDITOR: Donna Waszkelewicz

ADVISOR: Helen Wallstrom

PUBLISHING CONSULTANT: Dick Sweich

PHOTOGRAPHER: H. Robert Case

STAFF: Cindy Godfrey, Laura Lafontaine, Carol Hokanson, Meg Benoit, Lyn Pantaleo, Lorrie

Marti, Susan Woodhouse COVER DESIGN: Linda Mellilo

VERY SPECIAL THANKS TO: Lynne Kitendaugh



